



**Bryn Mawr Periodontics
& Implantology, LLC**
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Pre-Operative Instructions

Please fill any prescriptions that have been given to you. If you were given a course of antibiotics to take, they should be taken as directed - typically beginning 2 days prior to your surgical appointment unless otherwise specified.

Please eat before coming. Not eating may result in nausea, upset stomach, or hunger after the procedure while you are still numb. Numbness typically lasts 3-4 hours.

Please take all your regular medications unless otherwise specified. If you bleed/bruise easily, have poor healing due to a medical condition, or use blood thinning medications and supplements such as Vitamin E and Fish Oil, they should be discussed prior to your procedure. Please keep us informed if there are any changes to your medical history.

Please notify us if you become ill prior to your appointment. A fever or congestion may affect the outcome of your procedure.

Please do not plan any significant events on the days following your procedure.

Exercise and talking will be limited for a minimum of 3 days after your procedure.

Post-Operative Visits Dr. Ishii will like to see you for a short visit 7-10 days after your procedure. You may have a second and third visit depending on your healing.

PLEASE DO NOT HESITATE TO CONTACT US WITH QUESTIONS OR CONCERNS.